



**BLUE MOUNTAINS WOMEN'S
HEALTH & RESOURCE CENTRE**

ANNUAL REPORT

2024 - 2025



About Us

Our Vision

A community where women regardless of their social and cultural background age, ability, sexual orientation, and experience of gender, will have knowledge and control over their bodies and their lives - living freely and safely with access to the support they need to enhance their health and wellbeing.

Our Purpose

Using an intersectional feminist approach, we work to redress women's disadvantage and promote women's health and well-being. We will do this through the provision of services to women as individuals, in groups and as part of communities.

We will be guided by principles of social justice and equity. We will actively work in partnership with others to build social structures that promote women's rights and dignity. Our priorities will be informed by community consultation and social research on areas that affects women's health.

Our Values

- Respect
- Inclusivity
- Empowerment
- Diversity
- Integrity
- Intersectional feminism

Our Funding

BMWHRC receives funding from a combination of State, Commonwealth and Local government, donations and other sources.

Main sources of funding during 2024-2025 were received from NSW Health, NSW Department of Communities & Justice (DCJ) and the Department of Social Services (DSS). Our primary funding is received from NSW Ministry of Health where we saw an increase of funding to enhance the services we provide to women in the Blue Mountains & Lithgow regions.

Our Focus

In alignment with funding received, we prioritise programs that focus on communities named in the

Women's Health Framework 2019, which takes a holistic view of the health and wellbeing of women and girls.

The framework recognises the need to focus efforts to support women & girls who are from the following priority populations:

- Aboriginal/First Nations
- Culturally & Linguistically Diverse (CALD)
- Lesbian, Bisexual, Transgender, Intersex & Queer
- Living with a Disability
- Carers
- Living in remote or rural areas (note: due to service capacity we focus on Lithgow LGA)
- Experiencing socio economic disadvantage

Contact Us

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Acknowledgement

Blue Mountains Women's Health & Resource Centre would like to acknowledge and pay respects to the Traditional Custodians of the lands on which we live and work.

Blue Mountains Women's Health Centre is located within the Ngurra (Country) of the Darug and Gundungurra peoples.

We also work in Lithgow which lies within the lands of the Wiradjuri nation.

We recognise that Darug, Gundungurra and Wiradjuri people have a continuous and deep connection to Country and that this is of great cultural significance to Aboriginal people, both locally and in the region.

We pay our respect to elders past, present and emerging and recognise the strength, capacity, and resilience of all Aboriginal and Torres Strait Islander people.

We recognise that the land was never ceded.

Photo credit:
Brigitte Grant Photography



*This service is not appropriate for cis-men. We welcome all women and gender diverse people including trans-women, trans-men, intersex & non-binary people.

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Australian General Practice Accreditation Ltd

We are extremely proud to have ‘the mark of quality’ from the Australian General Practice Accreditation Limited (AGPAL). This is a major achievement for the centre, recognising our commitment in doing our best

towards achieving excellence in our client and patient care. To achieve this accreditation our team worked to implement and was assessed, by the Royal Australian College of General Practitioners

(RACGP) for general practices. RACGP is a recognised National benchmark for general practices and services, and a template for quality care and risk management.

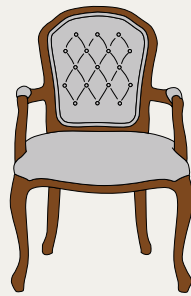
We are proud to be AGPAL accredited



Proudly AGPAL Accredited

Our commitment to your safety and care





From The Chair

The Annual Report of the Blue Mountains Women's Health and Resource Centre is a snapshot of the quality services provided for our local community.

Our staff are a committed team of professionals, focused on improving health and well-being outcomes for our clients.

The Management Committee is a team of dedicated volunteers who support the health and well-being of the centre, as a whole.

This report provides an overview of the services provided to our community.

2024/2025 has seen the Centre:

- welcome Dietician, Hannah McPherson, Massage Therapist, Toni Taylor and Project Worker, Sian Doko-Malouf and welcome back Dr Miriam Brooks
- farewell intake counsellor, Kate Houlahan
- create outreach services in Lithgow

- explore the possibility of expansion into other areas in the mountains
- receive enhancement funding from NSW Health allowing us to continue to grow services, update equipment and expand opportunities throughout the mountains
- introduce Dietician Services focusing on Healthy eating for all stages of life
- consolidate our collaborations with First Nations, Disability and Young Women's Advisory Groups
- employ a new Technology Provider ensuring greater cyber security; easier staff access; and timely response to technical issues
- attain highest levels for priority focus groups, meeting the needs of our community and satisfying the requirements of our primary funders
- collaborate with the Land Foundation on the best way to provide custodianship of the site
- complete our Violence Prevention programs that were funded by the Department of Social Services.
- review the EViE program in its current form, and continue some program activities through alternate funding sources
- provide leadership in community events such as:
 - Reclaim The Night
 - 16 Days of Action to End Gender Based Violence
 - Coalition Against Violence and Abuse
 - International Women's Day
- commence Community Consultation to ascertain our services match our community needs
- update electronic documentation for use by clients and staff
- partner for IDAHOBIT and Reconciliation Week
- maintain an active social media presence
- collaborate, design and create a garden space with community partners
- be recognised as a finalist in the Greater Western Sydney ZEST Awards for Outstanding Project, Stronger Communities



MANAGEMENT COMMITTEE LEFT TO RIGHT:
Lesley Sammon, Olga Kuznik, Helen Grimson, Maree Cairns, Kerry Mumford, Megan Thomas, Aaisha Slee

So much has happened in the past year as the Centre responds to the changing needs of the community it serves. This doesn't happen without the hard work, passion and commitment of the staff, and, in particular, the thoughtful, sensitive and experienced leadership of the Centre Manager, Angelique Sasagi.

I thank all the staff, new and existing, for their efforts to provide exemplary health and wellbeing services throughout the year.

The Management Committee currently consists of seven unpaid volunteers, who provide governance to the Centre. Their commitment and passion for our community has assisted the staffing team to manage the daily face-to-face operations. These amazing women give freely of their time and

expertise, with some of them serving for many years.

The Management Committee consists of:

- Maree Cairns, Chair
- Lesley Sammon, Vice Chair and Public Officer
- Kerry Mumford, Treasurer
- Helen Grimson, Secretary
- Megan Thomas
- Aaisha Slee
- Olga Kuznik

I would also like to acknowledge and thank previous committee members, Aunty Bev Eaton and Therese Findlay for their involvement.

I ask you to read and consider the complete Annual Report and I'm sure you will be impressed by the range of services delivered and the depth

of our involvement with the Blue Mountains Community.

It is with great pride and respect that I commend to you the BMWHRC Annual Report for 2024/25.

Maree Cairns

Chair on behalf of the Management Committee



Maree Cairns



Manager's Report

It's always a difficult task to take the time to reflect on all that's happened throughout the year, and this time around is no different. There have been many challenges but also many positive changes and opportunities, so it is impossible to share everything we've undertaken throughout the year but I appreciate the chance to share some of the 2024-2025 highlights and thoughts.

Our people

Our BMWHRC team continue to work hard to navigate changes to funding and services, ensuring that we maintain focus on our clients in our Blue Mountains and Lithgow communities. Thanks and acknowledgment to our BMWHRC team:

- Devina Fraser
- Cherie Brandon
- Ailie Banks
- Mia Rose
- Salicia Davies
- Kirsty Graham
- Lauren Webster
- Penny Dawes
- Daisy Darkovich

- Sian Doko-Malouf
- Toni Taylor
- Hannah McPherson
- Lizzie Blue
- Jenny Gill
- Kate Houlahan
- Dr Helen Balkin
- Dr Sam Critchley
- Dr Alison Lyons
- Dr Miriam Brooks
- Alex Anderson
- Ellie Ashfield
- Amanda Carr

I would like to thank Kate Houlahan, who left the centre in July 2025, for her hard work during her tenure at the Centre and wish her all the best for the future.

Finally – I would like to extend thanks to TAFE NSW Student Ji Njonjo who undertook placement with us this year and acknowledge Katoomba High School work experience student Zoe Braat. We appreciate your interest in our centre and hope that we were able to provide some knowledge and sparked interest in your passion for community work. The

sector will definitely benefit from both of your hard work and commitment.

Our Management Committee

Any organisation is as good as its leadership team, and we have been lucky to have a management committee that are dedicated and generous in sharing their knowledge & experience for the benefit of our community, clients and staff.

It is a great responsibility to commit to being part of a management committee, with all members volunteering their time including attending monthly meetings, sub-committee special meetings, and other activities that see them 'working' above and beyond for the benefit of community.

I would like to extend heartfelt thanks to:

- Maree Cairns, *Chair*
- Lesley Sammon, *Vice Chair and Public Officer*
- Kerry Mumford, *Treasurer*
- Helen Grimson, *Secretary*
- Megan Thomas



BMWHRCTeam Day - Macrame

- Aaisha Slee
- Olga Kuznik

Thank you and best wishes to committee members who left during the year:

- Therese Findlay
- Aunty Bev Eaton

One of our greatest strengths come from the collaborations we undertake, and our shared commitment to making positive differences in the lives of women & others in our community. With our ongoing service programs and delivery we will continue to be active members of Women's Health NSW (of which I sit on the current board), Parenting Young Working party (MOCS), DFV Mayoral Reference Group, IDAHOBIT, YMISA, the Stronger

Families Alliance, and many other partnerships.

We have also commenced our community consultation process, which will provide feedback and input that will help us with planning activities and programs in the future. We will also be focusing on preparing for our Centre's RACGP AGPAL assessment.

Some more exciting plans for 2025-2026 will be reviewing and growing services in Lithgow and the lower mountains areas, as well as preparing for our bigger community events (with partners) including Women's Health week, Reclaim the Night, Jenn Anderson exhibition, International Women's Day and more!

Considering all that we have

achieved over the past 12 months, I feel re-energised by the possibilities and opportunities we have planned for the coming year.

Therefore, it is with pleasure that I present my Manager's report for 2024-2025.

Angelique Sasagi
Manager



Hon Tanya Plibersek MP & Ang

Our Programs & Funding

We have had major changes to our funding this reporting year, and would like to take the opportunity to share further information on our main sources, their use and future planning.

NSW Health (Nepean Blue Mountains Local Health District – NBMLHD)

The majority of our funding is received through NSW Health and after receiving enhanced funding we have been able to properly fund the services currently provided, as well expand programs to include dietetics, additional groups, community development, counselling & clinical programs. We have worked hard throughout the year to ensure that we prioritise clients that are disadvantaged and experience barriers in accessing mainstream services (ie our focus communities) as identified in the NSW Women’s Health framework report. This prioritising has meant some changes to those we may have previously provided services to but we continue

to work hard to communicate these changes to the community and provide other options or referrals where possible.

With that being said, we are excited at the opportunities for further growth of our diverse and holistic services that we will be able to provide in the coming year.

Thank you to our NSW Health NBMLHD’s Collaborative Commissioning Manager, Tristan Chapman and to the Child Family & Priority Populations Manager | Primary Care & Community Health, Paul van den Dolder for their support and assistance.

Department of Communities & Justice (DCJ)

Funding received from DCJ’s Targeted Earlier Intervention program (TEI) is currently undergoing a recommissioning process, with our contract formally ending on 30 June 2025. An extension of six months (until 30 December 2025) was given to contracted providers to allow additional time for negotiation of new contracts.

Consultation is underway with organisations, and I have been an active member of the Blue Mountains/Lithgow TEI regional governance group to support this consultation and negotiations.

This recommissioning process will see the TEI and Family Connect and Support programs come under the new Community and Family Support (CAFS) program, which has a commitment to at least 15% of this funding being invested and focused on Aboriginal Community Controlled Organisation service delivery.

2024-2025 DCJ TEI funding has allowed us to provide a range of services including activities at Katoomba High School and Lithgow, events including Reclaim the Night, 16 Days of Activism, International Women’s Day, IDAHOBIT, Wear it Purple, and programs including Artspace, groups and information & referral. TEI also provides us funding to convene Blue Mountains Coalition Against Violence & Abuse (CAVA), an initiative that was formed to

develop collaborative responses against Gender Based Violence – specifically domestic, family and sexual violence.

I would like to extend thanks and appreciation to Belinda Pauline, Commissioning & Planning Officer for WSNBM. Belinda has provided guidance and support throughout the year around DCJ TEI funding and planning.

Department of Social Services (DSS)

2024-2025 was our final year of receiving this DSS funding, after four years of one-off ‘annual’ grants. We were able to use this grant to coordinate and provide programs and initiatives that focus on violence prevention programs and activities, including EViE, counselling and referral/advice.

Although expected, we were disappointed at the cessation of funding, however, it provided us the opportunity of delivering an innovative range of activities we may not have been able to previously. We are actively exploring other partnerships, sharing our findings across the sector, and advocating for future investment for similar models of prevention programs. However, the work of EViE and some of the program outcomes that were DSS funded has emphasised that when young people are given the tools, trust and platforms to lead, they can generate solutions that strengthen the safety and wellbeing of the whole community.

Note: we will be continuing some program activities and learnings of EViE and our

violence prevention initiatives through other means, so watch this space!

Thank you for our DSS Funding Arrangement Manager, Nadine Cowling, for her support and guidance through this and previous years.

Other champions and contributors

We are always thankful to Blue Mountains City Council, in particular their Communities team, for their ongoing support of our centre and the work they do for the community.

Also acknowledgement and thanks to Ray White Blackheath, Bendigo Bank, Siobhan McIlveen (Riding free from DV), Andy Parkinson (Jen Anderson Dragonfly Fund Project), and our many other generous donors and supporters.



BMWHRC Annual General Meeting



Ang, Kathy Lette & Cherie - Women’s Life Cycle Summit

Number of client contacts per presenting issue:

(Main issue for attending the centre)

CLINIC:

Gynaecological	224
Contraception	352
Vulva - Vaginal other	180
Menstruation	140
Endometriosis	32
HRT	67

ALLIED HEALTH:

Chronic Pain	321
Tiredness/Fatigue	15
Injury - Chronic	16

COUNSELLING:

Anxiety	181
Depression	148
DV (Family)	148
Violence (Adult CSA)	36
Stress	203
Mental Health	133
Complex Trauma	406
Financial problems	12
Housing	49
Homelessness	117



Administration & Reception

Lauren Webster joined our reception team in July 2024 alongside Kirsty Graham with Penny Dawes and Daisy Darcovich providing relief reception.

With the demand for women's health services increasing, reception staff took just over 3200 phone calls and our practitioners completed a combined to-

tal of 2690 appointments, up from 2521 the previous financial year.

Our reception staff remain committed and continue to provide a welcoming service to clients. Where further assistance is required the knowledge of reception and support staff ensures that women are referred to the most appro-

priate organisations including housing, domestic violence, legal and family support services.

Our wonderful administration team also consists of Devina (finance), Mia (systems) and project workers Alex and Penny (who 'doubles' up to assist with our archive project).

Clinical Services

It has been another busy year for the clinic team, seeing a total of 281 new clients.

All the doctors at the Centre perform IUD insertions, with a total of 183 client presentations for IUD insertions and IUD checks. Intrauterine devices (IUD's) are becoming more and more popular, and we always have such positive feedback of ones' experience having an IUD insertion here at the Centre.

We provide a calming environment, offering safe clinical care, ensuring the women has a positive experience. We now have towel warmers in each clinic, which has shown to be beneficial in minimising/alleviating pelvic pain post IUD insertions.

Menopause is a huge component of our client presentations, with a total of 215 clinical presentations.

Women's Health Nurse

Our Women's Health Nurse, Salicia works Monday to

Friday, providing an outreach service from Lithgow Head-space on alternate Mondays. Salicia works autonomously in the clinic with the support of all our Centre doctors.

Over the last 12 months Salicia has seen a total of 267 client presentations for general contraception and approximately 146 client presentations for Cervical Screening.

Our Doctors

Dr Helen Balkin works weekly on Tuesdays. Dr Helen has recently completed her Vulval Dermatology Course and attended the Women's & Children's Health Conference to grow her knowledge and skills. Dr Helen has also stepped up to act as the clinical Team Delegate, and we thank her for taking on this important role throughout the year. In the last 12 months Dr Helen has seen 67 client presentations for Menopause Hormone therapy.

Throughout the year Dr Helen and Salicia have provided a drop-in service for our Under 25's Clinic, which has been

very popular in providing sexual and reproductive health care. The drop-in clinic coincides with Artspace (a creative & social group for high school aged young women) which has provided the opportunity to interact with young people, providing informal sexual and reproductive education sessions and referrals to other services.

Dr Sam Critchley continues her work at the centre each Wednesday, with a particular interest in Vulval disorders. Over the last 12 months Dr Sam has seen a total of 97 client presentations for vulval/vaginal health. Dr Sam's dedication to the Centre over many years is outstanding and she continues to provide compassionate care to all her clients.

Dr Ally Lyon returned from leave in January 2025, and she works Thursday mornings with particular interests in IUD insertions, Point of Care Ultrasound (POCUS) and looking after breastfeeding Mums. It is extremely beneficial that Dr Ally can provide these specialised and much needed care to women in the community, and she continues to expand her training with an upcoming ultrasound course focusing on early pregnancy and IUD insertions. Dr Ally as currently seen 73 Client presentations in the six months she has been back at BMWHRC.

We are excited to have Dr Miriam Brooks back at the centre since July 2025, who is now working one day a week on Mondays after taking a well-earned break from BMWHRC. Welcome back Dr Miri!



Dr Helen Balkin

Counselling

The counselling team welcomed a new Intake Counsellor, Kate who has provided a thorough and effective intake service to clients. Kate streamlined intake processes, inviting clients to attend in person or via phone for intake, demonstrating trauma and violence informed engagement to women and non-binary people seeking support.

Clients have shared their appreciation for Kate's approach, offering feedback about her warmth and therapeutic skill.

Jenny and Lizzie continue to provide an intersectional feminist counselling service to people from focus communities. Many women seek our support as they navigate violent relationships and respond to the impacts of multiple forms of violence in their lives. As the centre has refocused our commitment to engaging with priority populations, we have noticed an increase in people attending with unmet needs, requiring support with advocacy, warm referrals, disability accommodations and longer or video conference session.

Jenny and Kate facilitated a short mindfulness therapeutic group to support women develop the skill of mindfulness, which is linked to many posi-

Individual counselling feedback includes:

"Counselling has helped me overcome almost everything, I never thought I'd get through and I am so grateful."

"I am thankful for the service, it helped me a lot and guided me in making my life better. I am very satisfied with my counsellor; she is an amazing woman, and all the staff are so accommodating with me. I am hoping that other women like me can access the service too."

"I noticed I felt calmer and more centred".

"Grateful for tools, information and exposure. So therapeutic to share a safe space and learn with and from others".

"Thank you. A very powerful, enriching and empowering experience. Very grateful".

tive physical and mental health benefits. There was strong interest and attendance throughout the group, with participants reporting positive emotional and social changes.

Gaps in service provision have been challenging for the team; we have received feedback from clients their needs have not been met by numerous services and systems, with often distressing and harmful consequences. Clients who present with multiple issues are often deemed as having 'complex' needs and services and systems struggle to respond appropriately. We have seen a high demand for counselling from young people, often facing multiple barriers in accessing mainstream health services and GPs in the region.

Counsellors are in conversation with service partners to explore future therapeutic groups responding to themes we witness in our work.

We continue to assist with health promotion activities and refer internally to clinical, massage and dietician services frequently, to offer wrap-around holistic care. This

year we continued outreach to Lithgow, offering counselling at the high school initially and established an outreach partnership with Lithgow Community Projects (LCP).

Allied Health

Our allied health team work closely with our clinical, group and other staff to work within a multidisciplinary model to provide a diverse range of support services to women in the Blue Mountains and Lithgow communities.

Our team currently consists of a Massage Therapist and Dietitian, and we hope to expand allied health services during the year to support our holistic approach to women's health throughout our community.

Massage Therapy

This year we were able to increase hours for massage delivery, which saw our therapist, Toni Taylor being able to enhance service provision to women who are experiencing

chronic pain and/or chronic illness.

Demand for these services continues to be high, and Toni works hard to prioritise women from the Health NSW focus communities.

2025 also saw us partner with DV West Blue Mountains to provide the opportunity for women accessing support from their service to access massage from our therapist and be introduced to other programs that we provide at the centre.

There is a limit to the number of appointments we can offer a client each year to ensure equity and making sure we can provide this service to as many women, as possible.

Dietitian

Our allied health program has grown the past year with the successful addition of Hannah

McPherson, our specialised Dietitian who commenced at BMWHRC late May 2025.

Hannah comes to us with a Bachelor of Science, Masters in Dietetics and a particular interest in women's health. She is working hard to offer individualised dietary advice, nutrition plans and will also be planning group sessions & workshops for women in all stages of our lives. Hannah is able to provide support for women around conditions or issues including endocrine & metabolic health; menopause; pre-diabetes; heart disease; osteoporosis, arthritis & gout; food intolerances; food aversions – and more.

Priority for this service is for women from our NSW Health focus communities, however, there will be additional opportunities for wider community members to attend workshops and groups.



Our Counselling Team



Our Dietitian Hannah

Groups & Events

Groups and events remain at the heart of the Centre offering spaces where people can come together for health, wellbeing, learning, & connection.

From physical fitness and mental health support to creative arts, peer groups, and public events these activities provide meaningful pathways for community members to share skills, build relationships and strengthen community. They are also a vital part of the Centre’s role in public advocacy and grassroots action toward social change.

As always, our programs are enriched through partnerships and collaborations which help us connect with a broader cross-section of the community.

We are grateful to the Blue Mountains Cultural Centre, Illuminart, BMCC, BMWHRC’s First Nations, Disability and Young Women’s Advisory Groups, MWA Feminist Art Collective, Art Therapist Nicole Powell, Gallery ONE88, Jenn Anderson Dragonfly Fund,

“I am always welcomed with a smile and am grateful for the safe space to come to meet with peers for support. Thank you.”

Anastasia Vickers, the CAVA Network, Katoomba High School and our dedicated on-going facilitators and group leaders Rose, Virginia, and Chris.

This year’s highlights included two well-attended public art

exhibitions showcasing works created within Centre groups.

These exhibitions not only celebrated creativity but also demonstrated the power of art to spark conversation, connection and public action.

Above all, our groups and events continue to play an important role in reducing social isolation and fostering a strong sense of belonging.

The words of participants best capture their impact:

“I really, really enjoy being part of this group of peers. Finding my ND community has helped me develop stronger and kinder communication and build friendships. After years of isolation and mental illness from not connecting with people who have shared some of my life experiences.”

“Fantastic class, teachers & students!”



Groups & Events Attendance 2024 - 2025

GROUP / EVENT NAME	Q1	Q2	Q3	Q4	TOTAL
16 Days of Activism Community Events		80			80
Arts Table	33	23	25	28	109
Craft & Knitting	59	57	49	33	198
Emergence Jenn Anderson Exhibition		89			89
First Nations Women’s Garden Launch		23			23
International Women’s Day Art of Persistence Exhibition			115		115
International Women’s Day Art Workshops			44		44
International Women’s Day KHS			118		118
Invisibilised Women’s Art Workshops with MWA		11			11
Jenn Anderson Arts Therapeutic Group		50			50
Mindfulness Therapeutic Group			37		37
Neurodivergent Peer Support Group	18	13	26	18	75
Reclaim the Night Rally		294			294
Tai Chi	59	44	99	73	275
Walking Group	200	156	226	216	798
Yoga in Chair	21	40	69	52	182
Young People Sexual Health Education		90	11	53	154
Occasions of Service 2024 - 2025					2652



Artspace

Art Space has continued to service young women, trans and gender-diverse teens alongside the Under 25s Drop-In Clinic.

Weekly sessions have shifted in this last reporting period to Tuesday afternoons during school term from 3:00pm-5:00pm. This change ensured that the fabulous Dr Helen, Nurse Salicia and Counsellor Lizzie are available to young people in the group and formed greater flow between Art Space and the Drop-In Clinic.

Ailie Banks continued her role as Art Space workshop facilitator until October 2024. Her experience in the role over the past four years, her passion for working with young women and her skillset in professional illustration made the group engaging and purposeful. Ailie has since stepped into a casual role in Art Space, handing over facilitation to Sian Doko-Malouf and Daisy Darcovich,

but continues to make special one-off appearances.

Sian took over facilitation of Art Space after being onboarded by the Centre in August 2024. This role is one she is familiar with, co-facilitating Art Space between 2021 and 2023 as part of the Pick 'n' Mix Team. Sian has four years of experience working with youth at both Belong Blue Mountains and here at the Centre, alongside her Bachelor of Social Science. She has a keen skillset in data collection and statistics, as well as valuable insight into facilitating groups, building a program and a passion working with women and teens. She is very pleased to be back!

Daisy has continued to assist and co-facilitate Art Space with Sian. Daisy's youth work lens and quality rapport building have been valuable bringing in target groups and building a strong cohort of regulars. In Art Space, Sian and Daisy share many duties such as facilitation, program planning, comms and operations.

Sian leads on reporting to funding bodies due to her social science expertise, collecting important data and outcome measurements. Daisy's strength in rapport building and understanding of reception have helped her take on registration of new clients and assist young people to make clinic appointments.

In this reporting period, Art Space has gained 20 new clients and 22 regular returning clients from the previous year. A cohort of 8 unidentified young people are a combination of the two. In addition to a fun array of artistic workshops, the movement between Art Space, the Study Space and the Drop-In Clinic has been a highlight for the past year. A significant number of young people are completing their Year 12 HSC in 2025, reinvigorating the Study Space to accommodate group study sessions. Internal referrals have been strong, with 23 referrals made into the Clinic for the Nurse, GP and Counselling. Art Space has continued to provide at least one health session per term,



Vision Boards Session



Trinket Dish Painting



Mothers Day Gift Basket



Bob Ross Tutorial Session

enhancing knowledge around sexual and reproductive health and types of services available at the Centre.

Of note, 31% of clients attending Art Space are non-binary, trans or gender diverse. Art Space celebrate queer youth by correlating art activities with days of significance, such as Mardi Gras stickers, IDAHOBIT patch making and Wear it Purple clothes customisation. The Art Space team have had a presence at local events for all three days of significance. Also of note, 23% of clients in Art Space are aged 18 years or over as they complete the transition from school into adulthood. There is a need for dedicated spaces and support for 18-25-year-olds. The Art

Space team work closely with other services, inter agencies and Council to ensure there are supports available.

Art Space has encountered a high amount of young people with complex needs. There is a heightened demand for casework style services and mental health support.

The Art Space team continue to internally refer to the counselling team where appropriate and work alongside other local services providers to create strong referral pathways and meet local demand. These challenges have sparked multiple opportunities for strategic planning and review. As a result, the team have undergone a risk assessment

review and actions, worked alongside Cherie Brandon to complete a community consultation process and committed to training and skill development opportunities where possible.

The 2024-2025 reporting period has been another exceptional year for Art Space. In future, the team are keen to roll out community consultation with Cherie Brandon and enhance the program to suit the needs of local teens.

Sian and Daisy are excited to continue facilitating Art Space activities and provide a welcoming environment for social participation and a clear connection to the Under 25's Drop-In Clinic.

EVIE - Ending Violence, Improving Equality

The EViE Project (Ending Violence, Improving Equality) has continued under the coordination of Ailie Banks, Gender Equity Coordinator, closely supported by Health Promotion Worker, Cherie Brandon and returning Project Worker (and original EViE member) Sian Doko-Malouf, alongside our dedicated youth leaders.

The success of the EViE youth activist project sparked community interest in an EViE group for older women. EViE Plus (for members over 25 years old) held its first meeting in May 2025, with coordination assistance from the Centre.

Program Highlights:

A major achievement this year was the co-design, filming, and community screening of the EViE Film, developed entirely by members of the Youth Advisory Group that was co-funded by a \$1,000 community grant from BMCC. The film was launched at a community screening at the Blue Mountains Cultural Centre in November, as part of the 16 Days of Activism Against Gender-Based Violence and attended by over 50 community members, with standing room only by the end of the night. The 2024 EViE Youth Advisory Group, with BMWHRC, launched the film and concluded the event with a panel Q&A. This

project showcased the creativity, insight, and leadership of young women in addressing gender equity on a local level. The EViE project was recognised when they were nominated for a ZEST Award in 2025.

Projects Emerging from the EViE Youth Advisory Group:

Findings from the EViE youth safety survey have driven a number of new initiatives. Members co-developed campaign resources with Blue Mountains City Council for their "Blue Mountains says NO to Violence" messaging. At Katoomba High School, students created internal safety collateral – with the support of the school principal – to address localised issues highlighted in the survey.

In response to community concern about restrictions on girls' swimwear at local pools, an issue that gained media attention and online debate, EViE members initiated discussions BMCC representatives and advocated for a review of current swimwear policy, seeking to remove outdated rules that undermine our work towards a gender-equitable community.

The influence of the Youth Advisory Group has also extended beyond project work. Members have been invited to share their expertise with local inter-agency networks, including YMISA (Youth Mental Illness and Substance Abuse) and the LEAD Youth Symposium, to provide insight on issues impacting young people in the

Blue Mountains. These initiatives demonstrate the direct link between listening to young people's experiences and developing relevant, effective community safety strategies.

Trends and Demand

Throughout the year, we have seen a consistent demand for youth-led, peer-informed approaches to gender equity and violence prevention. Teen girls continue to be underrepresented in leadership spaces, yet show strong engagement when offered meaningful roles in shaping solutions. Feedback from participants reflect increased confidence, leadership skills, and community connectedness outcomes that point to the long-term benefits of investment in young women.

Challenges and Sustainability

A key challenge this year has been the end of EViE's current funding cycle. While we are immensely proud of what has been achieved, there is significant risk in losing the momentum and infrastructure built over multiple years. In response, we are preparing a final report highlighting the importance of sustained investment in teen girls as a violence prevention strategy.

While funding uncertainty remains, our priority is to ensure resources, networks, and skills developed within EViE remain in the hands of the young women who helped shape them.



2024- 2025

EVIE VIOLENCE PREVENTION ACTIONS & EVENTS



EVIE (ENDING VIOLENCE, IMPROVING EQUALITY) IS A VIOLENCE PREVENTION PROJECT LED BY THE BLUE MOUNTAINS WOMEN'S HEALTH & RESOURCE CENTRE.

EVIE IS GOVERNMENT FUNDED AS PART OF THE NATIONAL PLAN TO END VIOLENCE AGAINST WOMEN AND CHILDREN.



International Women's Day 2025

International Women's Day (IWD) 2025 celebrated persistence by turning backlash into a powerful display of community strength.

In response to the vandalism of the 2024 Reclaim the Night banners, the Centre presented The Art of Persistence, an exhibition honouring resistance, repair, and community solidarity.

Partnering with the MWA Feminist Arts Collective, First Nations artist Anastasia Vickers, and the Blue Mountains Cultural Centre we ran two hands-on workshops in the lead-up to IWD. Community

members rolled up their sleeves to reimagine the damaged banners into bold new works of art which contributed directly to the exhibition.

The exhibition opened on a rainy International Women's Day, but the weather didn't dampen spirits.

More than 110 people attended, and many more contributed to the artworks. Kelsie King delivered a heartfelt Welcome to Country, Wagana Dancers brought powerful energy and solidarity, and Hands, Heart & Feet energized the room with interactive drumming and dancing.

The Centre also launched our 50 Years of International Women's

Day T-shirts and bucket hats, alongside the debut of our first zine, Glitter & Lube, which shared the behind-the-scenes story that inspired the exhibition.

The exhibition was so well received it was extended for an encore showing at Gallery ONE88, and we are grateful for their ongoing support. In addition, we partnered once again with Katoomba High School, MCing their IWD event and supporting their community expo.

Our IWD message on the 50th anniversary was clear: this isn't about cupcakes and platitudes — it's about Persistence! Resistance! Solidarity! Sisterhood!



Banner Workshop Promo



EVie Mannequin



Rebel Chant Mannequin



IWD Group Shot



Glitter & Lube Zine



Coalition Against Violence & Abuse (CAVA)

Over the past year, BMWHRC has continued to convene the Coalition Against Violence & Abuse (CAVA) network. CAVA has remained a strong and trusted space for connection, collaboration, and collective action.

Our annual CAVA survey showed just how much the network is valued by local community organisations. Many highlighted how the collaboration helps strengthen their work and build better outcomes across the sector. In fact, over the last financial year the CAVA network had close to 200 connections with workers from local services.

The survey highlighted how valued the public actions of

CAVA are to the membership with a special highlight being Reclaim the Night.

One of the standout moments this year was the Reclaim the Night Rally which was proudly led by BMWHRC. More than 300 people attended including fantastic support from local high schools.

During the 16 Days of Activism, BMWHRC led a series of events including the popular EVIE film (see the EVIE section for more details). We were also thrilled to team up with Illuminart to bring back the powerful Blue Mountains Says No to Violence projection which lit up Katoomba's Civic Arcade. The launch event featured a live performance by local punk band the Typical Grrrls and the release of the hugely popular "Support your Local Coven" glow in the dark T's.

Other events in the program included a screening of Defiant Lives a documentary about disability activism. We closed the series with a lively panel, Rebel Grrls, which brought together voices from across the community to talk feminism, activism, and the often unrecognised labours of women and were treated to a closing performance from the "Blue Gums" Community choir.

BMWHR also initiated the "Op Shops Go Orange" for 16 days inviting local op shops to transform their window displays into bold bursts of orange sending a powerful message of community solidarity toward ending gender-based violence. As convenors of the CAVA network BMWHRC is proud to have championed a campaign that increased the visibility of the violence prevention across the region.



16 Days of Activism Projection



Rebel grrls Flyer



EVIE Film Premiere



Rebel Grrls Panel

16 Days of Activism

The 16 Days of Activism Against Gender-Based Violence is a global campaign running from 25 November (International Day for the Elimination of Violence Against Women) to 10 December (Human Rights Day).

It calls on individuals and communities to take action to end violence against women and girls, and to promote

gender equality.

BMWHR ran a series of interactive events over the campaign from film screenings to live music. We opened the program with a packed screening of the EVIE Safety Film and the relaunch of the Blue Mountains Says No to Violence projection, created by Illuminart. Local punk band Typical Grrrls rocked the crowd, and our glow-in-the-dark "Support Your Local Coven" T-shirts made their debut. We hosted Defiant Lives for International Day of People with Disability, and wrapped with the Rebel Grrrls panel and a performance by the Blue

Gums Community Choir. We invited local Op Shops to get on board, turning their window displays orange and Radio Blue Mountains ran a feature episode about the campaign, now available as a podcast. The Centre is proud to be lifting the profile and visibility of the 16 Days Campaign locally and to be strengthening community commitment to ending gender-based violence. Through creative events, strong partnerships and broad community participation we continue to build momentum for change and keep the conversation alive well beyond the 16 days.



Coalition Against Violence & Abuse



Reclaim The Night Rally - EVIE Banner

Reclaim the Night

More than 300 community members took to the streets for 2024 year's Reclaim the Night Rally to take a public stand against gender-based violence.

Springwood Town Square was alive from 3:30pm the with the CAVA membership putting on an array of interactive and informative activities. There was something for all ages. Banner and Badge making, facepainting, BBQ, jewellery making and the very popular community portrait project where photographer Bee Elton captured striking portraits of participants with

their banners and signs to keep the rally cry going! The evening opened with a moving Welcome to Country from Kelise King, followed by the rhythms of Hands, Heart the Feet drumming and dance. The Shimmy Mob belly dancers brought colour and energy as they led the march, and the Bearded Ladies Choir closed the rally with a rousing performance.

We were especially proud to see the rally once again led and MCed by young women with stellar

contributions from our EVIE crew. A poster competition drew even more young people into the movement and showcased the depth of artistic talent in our community. One of the winning designs was printed on our first-ever Reclaim the Night T-shirt which sold out almost instantly. The rally also gained strong local recognition featuring on the front page of the Blue Mountains Gazette.

All photographs on this page courtesy of Bee Elton.



The Crowd at Reclaim the Night Rally



Poster Making



Bee Elton Community Portrait Project



Participants at Reclaim the Night Rally



Shimmy Mob Belly Dancers



Reclaim the Night Rally



First Nations Women's Garden

Guided by the vision and leadership of our First Nations Women's Advisory Group and Wagana Dancers 2024/2025 saw the transformation of our front garden into a First Nations Women's Food Garden and Yarning Space.

This project came to life through generous support from Food Futures, BMCC Club Grants (Katoomba RSL), Ben-

digo Bank, Resilient Villages, and the spirited fundraising of Centre staff who took on the City2Surf.

Thanks to Anastasia Vickers for from Food Futures for initiating the project which was brought to life by the talented Bush to Bowl team. The garden blends cultural knowledge with practical design. The official launch opened with a warm Welcome to Country from Auntie Carol Cooper and a smoking ceremony by Ceanne. The gathering took part in workshops including native

gardening with Adam (Bush to Bowl), bushfood cooking with Anastasia, and essential oil distillation and self-care with Bushfood Educator Felicity Kerslake, complete with an impressive still and cauldron!

Now a permanent feature of the Centre, the First Nations Women's Garden offers a welcoming space for community to gather, reflect, share stories, and connect.

All photographs on this page courtesy of Brigitte Grant.



First Nations Food Garden Group Shot



Auntie Carol & Auntie Bev



First Nations Food Garden



A Night to Remember!

Ray White Real Estate Upper Mountains fundraiser

We are incredibly grateful to Kellie Harrington, Caroline Weitzner, and the team at Ray White Real Estate Upper Blue Mountains for hosting an unforgettable evening in support of BMWHRC and Thrive Services.

With the wonderful Danielle Cormack as MC the night came alive with a fiercely contested

trivia showdown and a competitive live auction that had the room buzzing. Local businesses and community members rallied together contributing auction prizes, time, and energy to make the event such a success.

It was a powerful reminder of the generosity and spirit of our community. The funds raised provide flexibility through our discretionary budget allowing us to support women in ways that go beyond core funding.

Thanks to this collective effort we can respond where the need is greatest and make a real difference in women’s lives.

We also warmly acknowledge and thank the many other donations and community contributions we receive throughout the year. These gifts, large and small, make up an important part of the Centre’s budget. Your contributions allow us to go further in supporting women and our community.



A Night to Remember Guests



Ang speaking



Ang & Karen from Thrive

Riding Free From DV



Siobhan McIlveen with Riders



Riders

Saturday, 23 November 2024 saw well over a hundred people arrive at the beautiful Megalong Valley to take part ‘Riding free from DV’, an event organised by local community member Siobhan McIlveen in response to her recent loss of a close friend to domestic violence.

Following this tragedy and on deep reflection Siobhan’s understanding deepened, and she was determined to find ways to make a positive difference in ending the silence around domestic violence to help others towards healing and empowerment.

‘Riding free from DV’ was held as part of the Blue Mountains 16 Days of Activism Against Gender-Based Violence, preceding the official launch at the 2024 Mayoral Breakfast.

A heartfelt Welcome to Country by Gundungurra man, David King was followed by a challenging ride and walk on a very hot weekend, through Megalong Valley ending with a BBQ, raffle and other activities that took place throughout the afternoon. The event was sponsored by Harris Farm Markets and Wild Wolgan water, with other donations from many local businesses.

Siobhan’s hope was for the \$16,000+ funds raised will be used for practical purposes that support women and families who have been impacted by violence, with planned projects including fit out of a pet-friendly facility at our local refuge, and practical aid to women escaping violence.

BMWHR were proud to auspice RFFDV, with additional support from Blue Mountains City Council, Resilient Villages, and the Blue Mountains Horse Trail Riders Club.

ZEST Awards

EVIE Nomination 2025

The ZEST Awards are an annual event that showcases the community sector organisations and individuals throughout the greater Western Sydney region including Blacktown, Blue Mountains, Camden, Campbelltown, Canterbury

Bankstown, Cumberland, Fairfield, Hawkesbury, Liverpool, Parramatta, Penrith, the Hills District, and Wollondilly.

The ZEST Awards Ceremony (now in its 15th year) provides an opportunity for recognition of the creativity, diversity and innovative work that that is

often not acknowledged or celebrated.

2025 saw the work of EViE’s 2024/25 Youth Advisory Group being recognised when they were nominated for a ZEST Award in June 2025, a lovely opportunity to cap off the funding cycle.

Staff and youth leaders who worked on the film represented EViE at the 2025 ZEST Awards Ceremony at Accor Stadium.

Although we ultimately did not win, EViE’s regional impact was acknowledged among other leading community initiatives and grassroots activists.

Congratulations and well done to the EViE Youth Advisory Group and members!



Team EViE with Chris Bath



ZEST Awards Ceremony ‘US’ie

Treasurer's Report



Kerry (Treasurer) and
Helen (past Treasurer)

I am pleased to present the financial accounts for the Blue Mountains Women's Health and Resource Centre for the year ended 30 June 2025.

The accounts show a small surplus of just over \$5,600 for the year.

In 2024-2025 financial year the

centre received an increase of core funding from NSW Health as well as some enhancement funding. This means the centre is in a strong financial position to offer our services to the women who need them in the mountains.

We thank our funding bodies for their support and we are grateful for the increase in funding in this contract with NSW Health.

Our financial statements are prepared in accordance with Australian Accounting Standards.

The Independent auditors found that the financial management procedures and

systems of the Centre have been controlled effectively and that no significant deficiencies in internal controls were detected.

I thank the auditors William Tomiczek and Associates for their professionalism and support during the audit.

I want to thank the Management Committee and the staff of the centre who continue to make improvement of services and financial efficiency and compliance a priority.

Kerry Mumford
Treasurer

BLUE MOUNTAINS WOMENS HEALTH AND RESOURCE CENTRE INC.

Financial Statements

For the year ended 30 June 2025

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BLUE MOUNTAINS WOMENS HEALTH AND RESOURCE CENTRE INC.

Committee's Report For the year ended 30 June 2025

Your committee members submit the financial accounts of the BLUE MOUNTAINS WOMENS HEALTH AND RESOURCE CENTRE INC. for the financial year ended 30 June 2025.

Committee Members

The names of committee members at the date of this report are:

Maree Cairns
Kerry Mumford
Lesley Sammon
Megan Thomas
Aunty Bev Eaton
Aaisha Slee
Olga Kuznik
Helen Grimson

Principal Activities

The principal activities of the association during the financial year were: provision of women's health and resources ..

Significant Changes

No significant change in the nature of these activities occurred during the year.

Operating Result

The profit from ordinary activities after providing for income tax amounted to

Year ended	Year ended
30 June 2025	30 June 2024
\$	\$
5,961	2,097

Signed in accordance with a resolution of the Members of the Committee on: 7th August 2025

Maree Cairns

Kerry Mumford

The accompanying notes form part of these financial statements.

Profit & Loss [Last Year Analysis]
July 2024 To June 2025

	This Year	Last Year
Income		
Prior Year Project Funds	\$4,400.00	\$20,594.86
Grants & Funding		
Nepean BM Local Health Distric	\$1,267,200.00	\$696,072.27
Dept Community & Justice RC	\$166,476.21	\$160,458.99
Dept Social Services (DV)	\$148,434.18	\$141,368.25
Cava	\$0.00	\$1,800.00
Other Project Grants	\$3,108.07	\$30,059.16
PIP / WIP Payments	\$0.00	\$12,494.88
Total Grants & Funding	\$1,585,218.46	\$1,042,253.55
Other Income		
Donations	\$27,003.45	\$4,595.95
Donations - Auspice	\$22,359.87	\$0.00
Interest	\$31,113.23	\$6,081.35
Membership	\$40.03	\$66.40
Total Other Income	\$80,516.58	\$10,743.70
Sales		
Sales - BMWHRC Merchandise	\$7,366.35	\$0.00
Partner Organisation Contributions	\$4,589.09	\$2,409.09
Total Sales	\$11,955.44	\$2,409.09
Fees Charged		
Fees - Counselling	\$285.00	\$350.00
Fees - Victims Counselling	\$0.00	\$5,299.77
Fees - Massage	\$6,640.00	\$3,260.00
Fees - Group	\$7,010.00	\$7,380.00
Fees - Doctors	\$555.75	\$698.50
Medicare Receipts	\$74,078.25	\$91,752.15
Total Fees Charged	\$88,569.00	\$108,740.42
Paid Parental Leave Funds	\$0.00	\$15,889.50
Total Income	\$1,770,659.48	\$1,200,631.12
Gross Profit	\$1,770,659.48	\$1,200,631.12
Expenses		
Centre Expenses		
Centre Admin Expenses		
Accreditation	\$626.00	\$4,898.62
Audit fees	\$3,770.91	\$3,590.91
Bank Fees	\$1,076.86	\$844.43
Computer supplies & service	\$14,847.17	\$29,920.66
Computer Equipment	\$5,663.05	\$0.00
Consultancy	\$3,000.00	\$0.00
Employers Assoc	\$778.18	\$0.00
Equipment / Furnishings	\$31,742.73	\$5,823.86
External Staff Wellbeing	\$2,497.49	\$0.00
Insurance	\$17,180.09	\$11,097.05
Management Expenses	\$6,400.98	\$22,701.83
Merchandise Expenses	\$9,982.04	\$0.00
Total Centre Admin Expenses	\$97,565.50	\$78,877.36
Occupancy Expenses		
Electricity	\$2,197.57	\$1,630.56

This report includes Year-End Adjustments.

Profit & Loss [Last Year Analysis]
July 2024 To June 2025

	This Year	Last Year
Gas	\$10,376.15	\$6,389.79
Garbage / Cleaning	\$19,823.70	\$9,706.16
Rent	\$38,106.35	\$24,040.00
Security	\$1,288.96	\$765.00
Repairs/Maintenance	\$25,152.47	\$10,319.51
Water	\$250.92	\$343.80
Total Occupancy Expenses	\$97,196.12	\$53,194.82
Total Centre Expenses	\$194,761.62	\$132,072.18
Project and Event Expenses		
Admin Expenses Project		
Books/Resources/Subs	\$17,014.50	\$15,572.45
Membership WHNSW	\$6,227.76	\$2,842.53
Office Supplies	\$6,398.10	\$7,045.26
Telecommunications	\$4,546.96	\$3,906.40
Total Admin Expenses Project	\$34,187.32	\$29,366.64
Direct Services Costs		
Laundry	\$5,261.83	\$2,926.37
Massage Supplies	\$1,398.46	\$406.72
Clinical Supplies	\$6,258.60	\$6,383.22
Total Direct Services Costs	\$12,918.89	\$9,716.31
Group Costs		
Group - Advisory (Honorariums)	\$4,796.95	\$4,730.00
Group - Catering	\$4,621.97	\$4,377.46
Group - Facilitators/Presenter	\$8,798.10	\$8,274.14
Group - Materials & Other exp	\$2,158.29	\$2,333.16
Group - Venue Hire	\$3,386.42	\$1,791.04
Total Group Costs	\$23,761.73	\$21,505.80
Other Project & Event Costs		
Womens Support	\$897.00	\$1,894.03
Project - Program Costs	\$2,202.92	\$7,049.23
Project - Special event costs	\$36,229.27	\$2,342.83
Events - BMWHC Contribution	\$487.00	\$0.00
Total Other Project & Event Costs	\$39,816.19	\$11,286.09
Total Project and Event Expenses	\$110,684.13	\$71,874.84
Staff Related Expenses		
Wages		
Admin Management Wages	\$189,712.63	\$147,248.22
Allied Health Wages	\$52,693.80	\$28,104.21
Counsellors	\$192,369.94	\$146,300.24
Doctors	\$151,499.15	\$120,006.45
Health Promotion/Comm Dev	\$93,163.19	\$83,088.27
Nurse	\$72,660.55	\$62,476.61
Project Worker	\$147,044.52	\$71,879.95
Reception/Information Officers	\$191,438.53	\$131,177.95
Cleaner	\$0.00	\$4,185.00
Relief Wages	\$21,284.88	\$29,412.07
AL & LSL Paid on Termination	\$3,570.44	\$14,748.43
Eligible Termination Payment	\$0.00	\$5,095.20
Paid Parental Leave	\$0.00	\$15,889.50
Travel Vehicle	\$5,949.45	\$2,429.46

This report includes Year-End Adjustments.

Profit & Loss [Last Year Analysis]
July 2024 To June 2025

	This Year	Last Year
Total Wages	\$1,121,387.08	\$862,041.56
Oncosts		
AL & PL Provisions	\$28,160.87	\$14,763.14
LSL Provisions	\$12,085.38	\$4,006.04
Superannuation	\$127,658.50	\$91,763.14
Workers' Compensation	\$22,426.56	\$10,258.98
Total Oncosts	\$190,331.31	\$120,791.30
Other staff expenses		
Staff Amenities	\$3,521.02	\$2,897.24
Supervision - Counsellor	\$4,372.50	\$4,160.00
Supervision - Other	\$2,841.82	\$1,260.00
Training/Conferences	\$11,254.51	\$3,286.17
Travel Public	\$236.18	\$150.46
Total Other staff expenses	\$22,226.03	\$11,753.87
Total Staff Related Expenses	\$1,333,944.42	\$994,586.73
Grant monies unspent but alloc	\$125,307.98	\$0.00
Total Expenses	\$1,764,698.15	\$1,198,533.75
Operating Profit	\$5,961.33	\$2,097.37

This report includes Year-End Adjustments.

Balance Sheet [Last Year Analysis]
June 2025

	This Year	Last Year
Assets		
Current Assets		
BMWHRC Chq Acc 0265	\$79,334.32	\$72,764.76
BMWHRC Cash Invest 0273	\$362,917.49	\$635,062.85
BMWHRC Term Deposit #3139	\$400,000.00	\$400,000.00
BMWHRC Debit Card 8254	\$4,249.29	\$2,248.68
BMWHRC Term Deposit #9540	\$400,000.00	\$0.00
Cash Float	\$263.25	\$2,082.34
Stock on Hand	\$815.80	\$815.80
Total Current Assets	\$1,247,580.15	\$1,112,974.43
Non Current Assets		
Plant & Equipment		
Plant & Equipment at Cost	\$143,124.16	\$143,124.16
Plant & Equip Accum Dep	(\$143,124.16)	(\$143,124.16)
Total Plant & Equipment	\$0.00	\$0.00
Leasehold Improvements		
Leasehold Improvements at Cost	\$68,587.74	\$68,587.74
Leasehold Imp Accum Dep	(\$68,587.74)	(\$68,587.74)
Total Leasehold Improvements	\$0.00	\$0.00
Total Non Current Assets	\$0.00	\$0.00
Total Assets	\$1,247,580.15	\$1,112,974.43
Liabilities		
Current Liabilities		
Creditors	\$5,082.12	\$0.00
Accrued Expenses	\$0.00	\$1,840.84
Grants in Advance		
Nepean BM Local Health District	\$580,226.12	\$493,709.55
Wentworth Healthcare	\$0.00	\$23,646.99
Total Grants in Advance	\$580,226.12	\$517,356.54
Project Funds Held		
Ride Free for DV	\$8,791.41	\$0.00
Dragonfly Grant	\$832.77	\$690.84
Unexpended Project Funds	\$132,077.18	\$55,093.18
Provision - Group work	\$0.00	\$4,400.00
Holding of Funds for Upcoming Projects	\$30,451.77	\$15,451.77
Victim Support Services	\$0.00	\$11,440.23
Total Project Funds Held	\$172,153.13	\$87,076.02
Staff Monies Held		
Donation	\$364.00	\$879.00
Total Staff Monies Held	\$364.00	\$879.00
Payroll Liabilities		
PAYG Tax Payable	\$16,436.00	\$12,578.00
Superannuation Payable	\$11,215.04	\$9,855.55
Total Payroll Liabilities	\$27,651.04	\$22,433.55
GST Liabilities		
GST Collected on Income	\$3,381.27	\$68,940.18
GST Paid on Supplies	(\$5,699.74)	(\$3,766.33)
Total GST Liabilities	(\$2,318.47)	\$65,173.85
Employee Provisions		
Provision for Annual Leave	\$68,302.52	\$46,655.88

This report includes Year-End Adjustments.

BM Women's Health & Resource Centre Inc

124 Lurline St
Katoomba NSW 2780

ABN: 18 334 739 140

Balance Sheet [Last Year Analysis]

June 2025

	This Year	Last Year
Provision for Personal Leave	\$38,283.12	\$24,675.33
Provision for TIL Accrued	\$0.00	\$8,100.20
Total Employee Provisions	\$106,585.64	\$79,431.41
Total Current Liabilities	\$889,743.58	\$774,191.21
Non Current Liabilities		
Provision for Long Service Leave	\$29,097.14	\$16,005.12
Provision for Redundancy	\$94,199.40	\$94,199.40
Provision for Equipment Rplcmnt	\$70,507.45	\$70,507.45
Total Non Current Liabilities	\$193,803.99	\$180,711.97
Total Liabilities	\$1,083,547.57	\$954,903.18
Net Assets	\$164,032.58	\$158,071.25
Equity		
Retained Earnings		
Retained Earnings Centre	\$158,071.25	\$155,973.88
Current Year Surplus/Deficit	\$5,961.33	\$2,097.37
Total Equity	\$164,032.58	\$158,071.25

This report includes Year-End Adjustments.

BLUE MOUNTAINS WOMENS HEALTH & RESOURCE CENTRE INC.

STATEMENT OF CASH FLOWS

2025

OPERATING CASHFLOWS

Income from prior year	4,400
Grants	1,585,218
Sales	11,955
Other fees & services	88,569
Sundry income	49,404
Parental Leave Funds	0
	1,739,546

Increase Grants in Advance 147,947

Operating expenses Cash -1,784,000

Net cash flows from operating 103,493

Interest received 31,113

Net cash flows for the year 134,606

Cash at Bank 1 1 July 2024 1,112,974

Cash at Bank 3 30 June 2025 1,247,580

OPERATING CASHFLOWS

Income from prior year	20,594
Grants	1,042,253
Sales	2,409
Other fees & services	108,740
Sundry income	4,665
Parental Leave Funds	15,889
	1,194,550

Decrease Grants in Advance 470,747

Operating expenses Cash -1,135,199

Net cash flows from operating 539,098

Interest received 6,081

Net cash flows for the year 545,179

Cash at Bank 1 July 2023 567,795

Cash at Bank 30 June 2024 1,112,974

Notes to the Financial Statements

For the year ended 30 June 2025

Note 1: Summary of Significant Accounting Policies

Basis of Preparation

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporations Act of New South Wales. In the opinion of the committee the association is not a reporting entity because it is not reasonable to expect the existence of users who rely on the association's general purpose financial statements for information useful to them for making and evaluating decisions about the allocation of resources.

The financial report has been prepared in accordance with the Associations Incorporations Act of New South Wales, the basis of accounting specified by all Australian Accounting Standards and Interpretations, and the disclosure requirements of Accounting Standards AASB 101: Presentation of Financial Statements, AASB 107: Cash Flow Statements, AASB 108: Accounting Policies, Changes in Accounting Estimates and Errors, AASB 1031: Materiality and AASB 1054: Australian Additional Disclosures.

The association has concluded that the requirements set out in AASB 10 and AASB 128 are not applicable as the initial assessment on its interests in other entities indicated that it does not have any subsidiaries, associates or joint ventures. Hence, the financial statements comply with all the recognition and measurement requirements in Australian Accounting Standards.

The association has not assessed whether these special purpose financial statements comply with all the recognition and measurement requirements in Australian Accounting Standards.

The financial report has been prepared on an accrual basis and is based on historical costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following significant accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report.

Statement by Members of the Committee

For the year ended 30 June 2025

The Committee has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

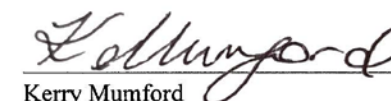
In the opinion of the Committee the Income and Expenditure Statement, Statement of Financial Position, and Notes to the Financial Statements:

1. Presents fairly the financial position of BLUE MOUNTAINS WOMENS HEALTH AND RESOURCE CENTRE INC. as at 30 June 2025 and its performance for the year ended on that date.
2. At the date of this statement, there are reasonable grounds to believe that the association will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:



Maree Cairns
President



Kerry Mumford
Treasurer

7 August, 2025

The accompanying notes form part of these financial statements.

Independent Auditor's Report to the Members

Report on the Audit of the Financial Report

Opinion

We have audited the financial report of BLUE MOUNTAINS WOMENS HEALTH AND RESOURCE CENTRE INC. (the association), which comprises the Statement by Members of the Committee, the Income and Expenditure Statement, Balance Sheet as at 30 June 2025, a summary of significant accounting policies and the certification by members of the committee on the annual statements giving a true and fair view of the financial position and performance of the association.

In our opinion, the accompanying financial report presents fairly, in all material respects, the financial position of the association as at 30 June 2025 and [of] its financial performance for the year then ended in accordance with the accounting policies described in Note 1 to the financial statements and the requirements of the Associations Incorporation Act 2009.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the association in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist the association to meet the requirements of Associations Incorporation Act 2009. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Responsibilities of the Committee for the Financial Report

The committee is responsible for the preparation and fair presentation of the financial report in accordance with the financial reporting requirements of the Associations Incorporation Act 2009 and for such internal control as the committee determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the committee is responsible for assessing the association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the committee either intends to liquidate the association or to cease operations, or has no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

Independent Auditor's Report to the Members

As part of an audit in accordance with Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the committee.
- Conclude on the appropriateness of the committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the committee regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Signed on 7 August, 2025:



William Tomiczek F.I.P.A., Registered Company Auditor 1425
William Tomiczek & Associates
66 Emu Plains Rd Mt Riverview 2774



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